...the quality and quantity of trust in the classroom is the key to everything that happens inside its walls.

(Ferlazzo, 2011, p. 54)

If a child has even one adult with whom she can communicate freely and who accepts and values her, she can withstand a fair amount of frustration from the larger world outside.

(Webb, Gore, Amend, & DeVries, 2007, pp. 40-41)

Remember, just because a behavior (any behavior) is attention getting doesn't necessarily mean it's attention seeking.

It's critical that gifted children be able to trust and rely on a minimum of two to three significant adults. They must know that these adults will act consistently and will always have their best interests at heart, even during periods of frustration and disagreement.

(Strip, 2000, p. 133)

• Let Gifted • Be • Themselves. • Questions? Inquiries? •Ask!

LesbianGay

Bisexual

Transgender/sexual

Queer/Questioning

Intersex

Asexual/Allied

Ally



Heterosexual individual who supports LGBTQIA

- World view that promotes sexuality of biological-male-toward-biological-female as the correct or preferred sexual orientation
- Process whereby someone acknowledges and accepts sexual orientation and shares this with others
- Exhibiting both masculine and feminine characteristics
- When sense of personal identity and gender matches assigned birth sex

Discrimination or prejudice against people who are LGBTQIA based on the assumption that those sexualities are incorrect or nonpreferred sexual orientations

Person experiencing little or no erotic attraction

- Internalized heterosexism
- Intersectionality
- Intersex
- Non-binary
- Queer
- Questioning[#]
- Pansexual

 Sexual // orientation

Sex=

Transgender

 When a person who is LGBTQIA experiences prejudice against self based on personal sexuality

Person who is unsure of personal sexual orientation or identity

- Pattern of erotic attraction toward types of people
 - Person whose biological characteristics, including chromosomes, gonads, hormones, or genitals do not fit typical definitions of male or female bodies

An umbrella, inclusive term for those who do not wish to categorize sex, sexuality, or gender

- Experiencing more than one contextual inequality factor (e.g., sexual orientation, gender, sex, race, ethnicity, immigrant status, religion, geographical location, SES, age, historical cohort, disability... gifted?) that influences one's experience and causes additional exacerbated complications negotiating majority and minority cultures
- Biological indication of male, female, or intersex
- Person whose gender identity, gender expression, or behavior does not conform to those typically associated with the sex that was assigned at birth
- Person who identifies as neither male nor female and views self as outside these two categories
- Person who is attracted to a personality, regardless of the sex, gender, sexuality, or identity of that individual

- Gender 🐜
- Gender expression
- Gender fluid
- Gender identity
- Gender neutral
- Gender nonconformity
- Gender normative
- Gender queer →
- Gender role

How a person communicates gender identity through behavior, clothing, communication, interests, etc.

- Behavior and experiences that do not match cultural expectations of that sex
- Attitudes, feelings, thoughts, and behaviors a culture associates with a biological sex
- Person who prefers not to be described by a specific gender, prefers "they" as a single pronoun
- Expectations of a society regarding appropriate behaviors for males and females
- Person whose gender identity shifts or fluctuates
- Behavior and experiences that match cultural expectations of that sex
- Psychological experience of being male, female, transgender, male and female, neither male nor female, or fluctuating; a spectrum of beliefs and emotions
- Person whose gender identity is outside the male/female binary; may see self as both male and female, neither male nor female, or completely outside these categories



Gifted individuals are generally more androgynous than typicals.

Don't confuse androgyny or gender nonconformity with LGBQIA, unless they are LGBTQIA...

In the US, androgynous or masculine individuals have the highest selfesteem.

(American Psychological Association, 2019; Boyd & Bee, 2015; Hutcheson & Tieso, 2014; Kerr & Multon, 2015; NAGC, 2013; Treat, 2016; Webb et al., 2016)

American Medical Association American Psychological Association

- LGBTQIA is a normal aspect of human sexuality
- Found among various cultures and historical eras
- Not a medical, psychological, or developmental disorder (removed as a diagnosis by 1974)
- No inherent association between LGBTQIA and psychopathology or other maladjustment
- Negative psychological effects result from cultural experience, prejudice, discrimination, stigmatization, and lack of support
- Negative psychological effects also occur for heterosexual individuals who don't follow cultural gender norms

- Best remediation is school and social climates that are supportive and that don't tolerate discriminatory language or behavior
- Sexual identity may be experienced as fluid during adolescence; experimentation/discovery is normal
- No scientifically adequate research supports reparative or conversion therapy as safe or effective; unethical within psychological practice
- LGBTQIA individuals form relationships equivalent to heterosexual relationships and families in essential respects
- Professionals must examine their own biases, and, if they can't appropriately treat the individual based on personal beliefs, must refer

Whole Child, Title IX, 1st and 14th Amendments

- Each child, in each school, in each community is healthy, safe, engaged, supported, and challenged
- Students learn in physically and emotionally safe environments
- School social climates are friendly and student-centered
- Schools uphold social justice and equity concepts



- Students feel valued, respected, and cared for
- Schools practice mutual respect for individual differences

(Association for Supervision and Curriculum Development, 2019)

 NAGC and National PTA support success of all students, regardless of sexuality and gender identity Teacher education needs to address LGBTQ topics including bias, prejudice, discrimination, nondiscriminatory curricula, and collaboration with school districts to make school environments nondiscriminatory, safe, welcoming, and inclusive for gender non-conforming and LGBTQ youth and families

(American Academy of Colleges for Teacher Education, 2019)

Title IX: Students have protections from discrimination, bullying, and harassment. "All schools must ensure that all students, including LGBT students, are able to learn and thrive in a safe environment"

(Battle & Wheeler, 2017, para 5)

- 1st amendment: protection of freedom of speech
- 14th amendment: guarantee of equal treatment under the law for all people



Gifted LGBTQ Percentages



• Conservative estimate = .06% of total student population or 32,000 students in the US (using stringent definitions of gifted and LGBT)

- Moderate estimate
- Liberal estimate
- = .6% or 320,000= 6% or 960,000

(Friedrichs, 2012)



• More than 90% reported feeling twice different - for being LGBTQ and for being gifted (Hutcheson & Tieso, 2014)

• **40%** of gifted students admit to bias against LGBTQIA, higher than their bias reported against any religious, racial, or ethnic group



Figure 1. Hearing Anti-LGBTQ Remarks

Figure 1. Hearing Anti-LGBTQ Remarks from Students in Kansas Schools (percentage of LGBTQ students hearing remarks regularly)



Figure 2. Anti-LGBTQ Harassment & Assault in Missouri Schools

(percentage of LGBTQ students harassed or assaulted in the past year based on...)



Figure 2. Anti-LGBTQ Harassment & Assault in Kansas Schools

(percentage of LGBTQ students harassed or assaulted in the past year based on...)



Figure 3. Anti-LGBTQ Discrimination in Missouri Schools (percentage of LGBTQ students that were prevented from...)



Figure 3. Anti-LGBTQ Discrimination in Kansas Schools (percentage of LGBTQ students that were prevented from...)



Figure 4. Availability of LGBTQ-Related Resources & Supports in Missouri Schools



Figure 4. Availability of LGBTQ-Related Resources & Supports in Kansas Schools



Gifted LGBTQIA+ Students Are At Risk



- Intersectionality of being twice different (gifted and gay, g², G/LGBTQ) makes them even more vulnerable than either status would on it's own and intensifies effects.
- Additional contextual factors exacerbate these (intersectionality).

(Dennis, 2018; Friedrichs, 2012; Hutcheson & Tieso, 2014; Kerr & McKay, 2014; Kerr & Multon, 2015; Manzella, 2012; NAGC; Sedillo, 2015; Treat, 2016; Webb et al., 2016)

Challenges For Gifted LGBTQIA+

- Confused why peers (including gifted or LGBTQIA) rejected them for being gifted LGBTQIA
- Lonely as they didn't fit in with gifted peer group (it's too heteronormative) and didn't fit in with LGBTQIA peers (interests didn't overlap)
- More aware of sexism than others
- Angry about their situation, the political climate, and an unfriendly social environment
- Worried about others' political and religious beliefs
- Believe social differentness is unfair
- Discouraged by the lack of LGBTQIA representation in curricula and extracurriculars



- Scared about how others will react to their coming out
 - Afraid to seek out safe spaces because others might discover their identity
 - Hurt that many parents want their children to be gifted, but they don't want their children to be LGBTQIA
 - Some saw dual identity of gifted LGBTQIA as positive, others as detrimental
- Gender nonconformity, regardless of sexual orientation, evokes as much negative experience among students as does being LGB
- Struggle with gender identity related to androgyny and may fear they aren't masculine/feminine enough

(American Medical Association, 2019; American Psychological Association, 2019; Hutcheson & Tieso, 2014; Kerr & Multon, 2015; NAGC; Schilt & Westbrook, 2009)





Less Than Desirable Coping Strategies

- Deny and/or hide giftedness and sexuality to fit in with heterosexuals and nongifted
- Hide nongender conforming hobbies/projects/talents to fit in with heterosexuals and nongifted
- Act superficially to fit in with heterosexuals and nongifted
- Act gender conforming, straight or overly gender conforming to fit in with heterosexuals and nongifted
- Underachieve to fit in with nongifted and due to stress
- Try drugs to fit in with heterosexuals and nongifted and to escape





Much Healthier Coping Strategies



- Seeking out and creating safe spaces
- Developing accepting and supportive friendships, often in gifted/advanced programming or online, and developing positive relationships with authority figures, especially supportive teachers
- Participating in organizations that provide friendship and support, such as GSA
- Developing their academic, leadership, and artistic/creative interests (high achievement)
- Participating in extracurriculars, hobbies, and physical activities
- Immersing themselves in LGBTQIA literature, authors, movies, shows
- Researching themselves (gifted and/or LGBTQIA) for better self-understanding, to develop identity, to gain
 information about how to live their lives as adults, and because they're curious and want to be well-informed
- Accepting their sexual orientation (positively correlated with measures of life satisfaction)
- Disclosing their gender identity (positive correlated with mental health outcomes) (American Medical Association, 2019; American Psychological Association, 2019; Friedrichs, 2012; Hutcheson & Tieso, 2014; Kerr & McKay, 2014; Kerr & Multon, 2015)

What To Do

Remember...

Teaching these kids is easy. It's like riding a bike. Except the bike is on fire. You are on fire. Everything. Is. On. Fire!





What To Do - Build A Relationship

- Recognize they are not burdens
- Recognize they want to trust you
- Take an interest
- Be the teacher who goes to them instead of waiting for them to come to you
- Allow them to confidentially come out
- Listen to students and recognize their identities
- Use their preferred name and pronoun (don't "dead name")
- Offer gestures of kindness; for example give them a book by a gay author
- Appreciate that they have a special set of barriers, struggling in ways others aren't
- Watch out for suicidal ideation
- Discourage school absences



What To Do - Be A Safe Zone And Support



- Openly support LGBTQIA students; Create a Safe Zone
- "Integrate" (incorporate all students) instead of "tolerate" (endure the differences of others)
- Practice equitable and sensitive treatment
- Model openness, fairness, and sensitivity re: LGBTQIA
- Have zero tolerance for homophobic and transphobic speech or bullying
- Intervene in situations of harassment
- Create welcoming and inclusive school cultures and policies, including dress code, dates to dances, etc.
- Encourage and help leadership oriented LGBTQIA youth to organize safe-school petitions, supportive groups (both casual and formal, such as GSA) chemically free LGBTQIA events, and lists of resources







What To Do - Be A Safe Zone And Support

- Assume you have LGBTQIA students in every class
- Don't forget the kids who have same gender parents or LGBTQIA family members
- Examine your own biases
- Ask yourself if you are accepting the whole child





- Instill a healthy, positive attitude about who they are
- Teach them to make appropriate choices
- Help families nurture them
- Accept a drop in grades before and after the coming out process
- Make exceptions re: assignments for residence issues, coming out



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